

Meditation Room Policy

The purpose of this space is to ensure that all Stetson University College of Law students, staff, and faculty, have convenient access to a dedicated space in the library for the purposes of meditation, prayer, yoga, contemplation, and reflection. **This space is not to be used as a studying, sleeping, or meeting space.** A reservation is not required to use this space. Please adhere to the following policy.

- Please remove shoes before entering the room, if possible.
- Turn door sign to "In Use" when you enter and "Vacant" when you leave.
- Please limit use to no more than 30 minutes.
- This room may be used by one person at a time.
- Turn off or silence cell phones. The use of cellphones in this space is prohibited.
- This is a quiet space. If you need to use audio, please use headphones. Please be mindful of those testing next door and/ or studying nearby.
- In order to keep the space and floor clean, food and beverages, with the exception of water, are not permitted.
- Meditation cushions, prayer rugs, and yoga mats are available to be used.
- Please return items to the proper location after use. Do not remove any items from this room.
- If you used the dimmable lamp or Himalayan salt lamp, please turn them off when you leave.
- Do not move other library furniture into this room.
- You may bring your own items to use, but you must take them with you when you leave.
- The room should remain clean and neat. Please leave it as you found it.
- No signs or advertising may be posted or left in this space.
- No candles, incense, or any other flammable items are permitted.
- No scented oils or diffusers allowed. Please remember this is a shared space and others may be sensitive to certain smells.

If this room is occupied, or you need the space for more than 30 minutes, you may visit the Meditation Room located in the Student Affairs Office. It is open Monday-Friday, 10am-4pm.

If you have any questions, please email lawrefgp@law.stetson.edu.